Novel

Coronavirus covid-19 knowing to prevent

It produces a respiratory disease which may only become complicated in some cases (mainly, in older people). It is transmitted through respiratory droplets when there is close contact or when touching contaminated surfaces.

care



Wash your hands with soap frequently.



Sneeze into your flexed elbow.



Avoid touching your eyes and nose.

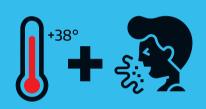


Keep spaces well ventilated.



Disinfect frequently used objects.

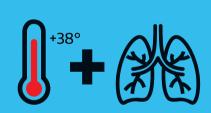
symptoms



fever and cough



fever and sore throat



fever and difficulty breathing

If you suffer from any of these symptoms and you have been in a country where the virus has spread, or in contact with any confirmed cases, avoid self-medication and seek medical advice promptly.

For those coming back from affected countries, it is suggested to stay at home and avoid going to public places, such as educational, working, recreational, sports, or social environments for 14 days.

